



STANLEY HOUSE  
HOTEL & SPA

## THE SPA

Discover lavish, contemporary interiors, fluid spaces to relax with friends and the most natural, effective and beautiful treatments from ILA and NATURA BISSÉ. Visit the Spa to unwind and enjoy a delightful and uplifting escape from the Christmas rush.

### OUR EXCLUSIVE TREATMENT OF THE MONTH FOR DECEMBER ILA DEEP WARMING SCRUB AND MASSAGE

A deeply nourishing full body skin and muscle treatment to stimulate and improve the circulation whilst releasing tension through the use of warm, smooth basalt stones. Hotstone therapy promotes a restorative and healing energy by radiating heat to the belly of the muscle right where you need it most, leaving you with a pure sense of peace and relaxation.

Full body scrub to refresh and unblock the pores combined with a deep warming hot stone back massage, using a blend of oils to embalm and enrich the body.

£90 for 70 minutes

Offer is subject to availability Monday to Friday during December 2019.  
Spaces are limited and subject to availability,  
please book in advance to avoid disappointment.

To book call 01254 769200, e-mail [christmas@stanleyhouse.co.uk](mailto:christmas@stanleyhouse.co.uk)  
or visit [www.stanleyhouse.co.uk](http://www.stanleyhouse.co.uk)

