

the Spa AT STANLEY HOUSE

# NEW YEAR, NEW YOU!

ENJOY A BLISSFUL BEGINNING TO 2019



You don't need to hit the gym to detoxify! At The Spa we recommend a more refreshing approach of skin, mind, body connection. Rid the body of toxins whilst you treat your skin to a pink Himalayan salt exfoliation, using a combination of massage techniques to aid the circulation and kick start the bodys natural detoxification. Finish with a rich full body balm application massaged in to hydrate and revitalise from top to toe. Much better than the gym we think...

70 MINUTES: £60 PER PERSON

PLUS: Book the Energising & Detoxifying Blissful Body Scrub during January and receive a complimentary 10 minute lymph drainage foot & ankle massage

To book your treatment call 01254 769200  
or visit [www.stanleyhouse.co.uk](http://www.stanleyhouse.co.uk)

\*Offer is subject to availability Monday to Friday during January 2019, spaces are limited, book in advance to avoid disappointment. For the comfort of all our guests we request that you pre-book to use the thermal bathing and hydro pool, the maximum stay being a 2 hour period, subject to availability. Statutory 72 hour cancellation policy applies.